

**MINUTES
BLOOMINGTON PLANNING COMMISSION
REGULAR MEETING
WEDNESDAY, AUGUST 14, 2019 4:00 P.M.
COUNCIL CHAMBERS, CITY HALL
109 EAST OLIVE STREET
BLOOMINGTON, ILLINOIS**

MEMBERS PRESENT: Mr. David Stanczak (arrived at 4:11 p.m.); Mr. Kevin Suess; Mr. John Protzman; Mr. Justin Boyd; Mr. Mark Muehleck; Ms. Megan McCann; Chairperson Megan Headean.

MEMBERS ABSENT: Mr. Eric Penn; Mr. Thomas Kreiger; Mr. Tyson Mohr

OTHERS PRESENT: Ms. Katie Simpson, City Planner; Ms. Casey Weeks, Assistant City Planner; Ms. Erin Kennedy, Manager, Center for Healthy Lifestyles at OSF Health Care St. Joseph Medical Center; Ms. Cathy Coverston Anderson, Assistant Administrator, McLean County Health Department.

CALL TO ORDER: Chairperson Headean called the meeting to order at 4:01 PM. Ms. Simpson called roll. With six members present, the Commission established a quorum.

PUBLIC COMMENT: None

MINUTES: The Commission reviewed the minutes from the June 12, 2019 regular meeting. Prior to the meeting, Mr. Mohr submitted additions to the minutes which Chairperson Headean shared with the Commission. These included adding the following purposes to the discussion on the sign ordinance: 1) Align with Comp Plan; 2) Comply with SCOTUS decision on content descriptions; and 3) Ease of use. Mr. Boyd motioned to approve the minutes as corrected; Mr. Muehleck seconded the motion. The minutes were approved by voice vote 6-0.

REGULAR AGENDA:

Presentation by Cathy Coverston Anderson, Assistant Administrator, McLean County Health Department, and Erin Kennedy, Manager, Center for Healthy Lifestyles at OSF HealthCare St. Joseph Medical Center, on the 2019 McLean County Community Health Needs Assessment.

Ms. Erin Kennedy, OSF St. Joseph Medical Center, presented an overview of the Community Health Needs Assessment (CHNA), a summary of the data, and next steps for the groups. She explained the 2019 assessment was a joint effort between the Health Department, OSF St. Joseph Medical Center, Advocate BroMenn Medical Center, and Chestnut Health Systems. The hospitals are required to complete a needs assessment every three years and the Health Department is required to do an assessment every five years. She explained that 2016 was the first time the community completed a joint assessment. Following the assessment, the community put together a Community Health Improvement Plan (CHIP), which is still effective.

The 2017-2019 CHIP outlines objectives and activities for addressing the three health priorities identified in the 2016 CHNA: obesity, access to health care, and behavioral and mental health.

Ms. Kennedy shared community progress and accomplishments towards these goals. She stated that the team just published the 2019 CHNA which is available on the four entities' websites. The three priorities identified in the 2019 CHNA are healthy eating active living (HEAL), access to health care, and mental and behavioral health. Ms. Kennedy explained the data collection and outreach. Methods included online and paper surveys (about 700 usable surveys received), and secondary data analysis. Ms. Kennedy highlighted results focused on access to care and stated a lack of insurance and inability to pay for care are the major barriers for access. However, stigma and embarrassment are an additional barriers identified for accessing counseling services. More respondents identified poor mental health or a lower quality of mental health than in 2016. However, she noted that based on the survey more people are speaking to others about their mental health. More than half of the population, mostly men, are not meeting the recommended exercise guidelines. Affordability and access to facilities were identified as barriers to exercise. Daily fruit and vegetable consumption is low for McLean County. Ms. Kennedy highlighted positive county-wide data from the CHNA including higher graduation rates and income than the state average. Ms. Kennedy highlighted areas of disparities in Bloomington's 61701 zip code, Chenoa, Colfax, and Stanford.

Ms. Coverston Anderson, McLean County Health Department, provided a summary of secondary data and health disparities in McLean County. She noted although the top two causes of death for McLean County for the last four years were cancer and heart disease, the county, in comparison to the state, is still low for cancer and heart disease. She shared graphs that illustrated disparities by race. Black and African Americans, and Latinos were in the ER more than the county rate for diabetes, alcohol, asthma, and hypertension. Ms. Coverston Anderson also showed that residents from the 61701 zip code also visit the ER more than the county rate for dental problems, substance and alcohol use, asthma, adult and adolescent suicide and self-inflicted injuries, mental health, and type 2 diabetes. She stated that this level and quality of data was not available prior to 2016. The partnerships with the hospitals opened the community to better and standardized data. This partnership with multiple health organizations is rare in Illinois.

Mr. Stanczak asked if the other zip codes from Bloomington are represented in the assessment. Ms. Coverston Anderson shared the Center for Disease Control and Prevention's 500 cities initiative that maps health related information by census tract. She shared data on dental care results presented by census tract. She shared information on the Social Determinants of Health (SDOH). The places where you live, work, and play influence health outcomes. She presented a map of grocery stores, exercise facilities, and information on sidewalk quality. Next steps include completing the 2020-2022 CHIP. There are three priority action teams, one per each objective, that anyone can be on to come up with goals for the next three years. She explained the Invest Health program and the partnership with the City, Mid Central Community Action, and the health organizations.

Chairperson Headean asked what the Planning Commission can do to help meet the 3 goals identified in the CHNA. Ms. Coverston Anderson asked to be involved when there are decisions

about the built environment being made. Ms. Kennedy stated there are three priority action teams that, if interested, the Commissioners can serve on and provide guidance toward the priorities identified.

Ms. McCann commended the CHNA. She asked about a breakdown of the survey respondents. Ms. Kennedy stated that respondents 1000 completed the survey, and a number were removed to establish a confidence interval. Mr. Stanczak asked if the numbers are a representation of the community. Ms. Kennedy confirmed that between the primary and secondary data it is.

OLD BUSINESS: none.

NEW BUSINESS: Ms. Casey Weeks, Assistant Planner, introduced herself to the Commission. Ms. Simpson state that the meeting on 9/11/19 will be a joint meeting with Planning Commission and the ZBA about the sign ordinance.

ADJOURNMENT: The meeting was adjourned at 4:49 pm by voice vote, motioned by Mr. Boyd and seconded by Ms. McCann.

Respectfully submitted,
Katie Simpson
City Planner